

## SEMI-PRIVATE COACHING EASTRIDGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM Tim	6:00 AM Brendan	5:30 AM Tim	6:00 AM Brendan	5:30 AM Tim	
					7:00 AM Tim
					8:00 AM Tim
9:00 AM Hillary		9:00 AM Hillary			
4:30 PM Tim	5:00 PM Tim	4:30 PM Tim	5:00 PM Tim		

## SEMI-PRIVATE COACHING WESTRIDGE

	6:00 AM Julie		6:00 AM Julie		
12:00 PM Julie		12:00 PM Julie			

Schedules are subject to change on a monthly basis. To schedule for a time slot please call:

East Location: 715-833-2100 ext. 4

West Location: 715-839-3702

**Please Remember**

Print your First and Last Name in the appointment book